

Canyonside Recreation Center
12350 Black Mountain Road
San Diego, CA 92129
(858) 538-8131

Heading SOUTH on Interstate 15

Take Interstate 15 South to Interstate 56 (Ted Williams Parkway), then go West on Interstate 56 (Ted Williams Parkway). Exit on Black Mountain Road and then turn left to go south on Black Mountain Road for about 1 mile. The park will be on the right at the bottom of the hill.

Heading NORTH on Interstate 15

Take Interstate 15 North to Mercy Road (Scripps Poway PKWY- Mercy Road Exit), then go left on Mercy Road. Continue about a 1 mile until Mercy Road runs into Black Mountain Road. Turn right on Black Mountain Road. Go about 1/4 mile and then turn left at 1st light into the park.

Heading SOUTH on Interstate 5

Take Interstate 5 south to the Carmel Valley Road exit. Turn left onto Carmel Valley Road. Go east about 0.3 miles. Merge onto Interstate 56 (Ted Williams parkway). Take Interstate 56 east to Black Mountain Road. Exit on Black Mountain Road and then turn right to go south on Black Mountain Road for about 1 mile. The park will be on the right at the bottom of the hill.

Heading NORTH on Interstate 5

Take Interstate 5 north to Interstate 56 (Ted Williams parkway). Merge on to Interstate 56 east and continue on Interstate 56 east to Black Mountain Road. Exit on Black Mountain Road and then turn right to go south on Black Mountain Road for about 1 mile. The park will be on the right at the bottom of the hill.