**ALL ATHLETES TRYING OUT MUST HAVE A 2018-2019 ATHLETIC PHYSICAL. ANY ATHLETE WHO HAS NOT TURNED IN A PHYSICAL WILL NOT BE ALLOWED TO PARTICIPATE IN TRYOUTS UNTIL THEIR PHYSICAL IS COMPLETED. YOU MAY BRING YOUR PHYSICAL TO SCHOOL THE FIRST DAY IF YOU HAVE NOT TURNED IT IN THIS SUMMER. KLEIN ENCOURAGES ALL ATHLETES TO TURN THEIR PHYSICALS INTO THE SCHOOL AS SOON AS POSSIBLE.**

* Tryouts will begin on the 2nd day of school, August 21st.
* Tryouts will be during the atletic periods.
* You MUST be present ALL 4 days. We do NOT allow make-ups. If you are absent or do not have your physical, you will miss what is covered that day.

**PROPER ATTIRE:**

 What to wear: NOT to wear:

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| --- | --- |
| * You must wear soccer/athletic clothing.
* Short sleeve shirt
* Soccer/Athletic shorts that are school appropriate length
* Soccer cleats and tennis shoes
* Hair has to be pulled back and put up
 | * Sleeveless shirts
* Jewelry of any kind is not allowed
* Hair down
* Electronics of any kind
* Spandex
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**TRYOUT BREAKDOWN**

Off-season cuts will be based upon the four main aspects of soccer: Technical Ability, Tactical Awareness, Physical Conditioning, and Attitude.

* **Technical Ability –** Ball control, short/long range passing, dribbling, heading, finishing
* **Tactical Awareness –** In attack, in defense
* **Physical Conditioning –** Endurance, speed, agility, strength
* **Attitude –** Drive, aggresiveness, coachability, self-confidence, mental toughness, leadership, responsibility, determination

**TRYOUT SCHEDULE**

* First Day: Monday, Aug. 20, Meeting in Coach Lemoine’s room.
* Second Day: Tuesday, Aug. 21, Skills & Conditioning.
* Third Day: Wednesday, Aug. 22, Skills & Conditioning.
* Fourth Day: Thursday, Aug. 23, Game Day.
* Fifth Day: Friday, Aug. 24, Off-season cuts made.

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