

# Encinitas Youth Basketball

## League Rules 13 & Under

### Game Structure:

- 5 minute warm up period prior to tip off
- Full Court / 10ft hoops / 29.5 size ball / 2 officials / 1 score keeper / 1 timer
- Four / ten minute periods will be played, clock will stop last two minutes of the game if score is within 15 points
- Overtime periods are two minutes in duration with running clock until the 30 second mark, each team is awarded one timeout per overtime period
- Teams may press at any time
- Teams are issued 4 time outs per game, coaches may use them at their discretion
- All other league rules will be deferred to the C.I.F. rule book

### Coaching Rules:

- Only positive coaching is allowed, coaches may stand if they are instructing player's
- No parents, siblings or non rostered players are allowed on the bench

### Playing Time Rules:

- Coaches select players with no minimum or maximum minute restrictions
- Coaches can opt to keep a player in the game after their 5th foul by incurring a technical foul (2 shots and possession of the ball) per foul after 5 personal fouls

### Sportsmanship Rules:

- Players should refrain from displays of malcontent over calls / non calls
- Players are not allowed to talk to the officials, Coaches should calmly and professionally address the officials as needed throughout the game
- Players must show respect towards other players, coaches, officials and sports staff